

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2026 thru Sep 30, 2026

Menu Name:	Breakfast Menu K-12 - MENU SUBJECT TO CHANGE	Include Cost:	Yes
Site:			
Use Alternate Menu Name:	No		

Tuesday - 09/01/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001441 Muffin, Banana Slice, 3.4oz	EACH	100	4500.00	\$44.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			9346.85	\$74.908
% of Calories			84.7%	

Weekly Nutrient Guideline

Wednesday - 09/02/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001223 Muffin, Breakfast Bar	2.8 oz	100	3900.03	\$32.900
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				

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Sep 1, 2026 thru Sep 30, 2026

Weighted Values

	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			8746.88	\$63.808
% of Calories			83.0%	
Weekly Nutrient Guideline				

Thursday - 09/03/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	
Weekly Nutrient Guideline				

Friday - 09/04/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100

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Weighted Values

	Portion Size	Reimb Qty	Carb (g)	Cost
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	
Weekly Nutrient Guideline				

Monday - 09/07/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000770 Holiday-Labor Day				
Weighted Daily Average			0.00	\$0.000
% of Calories			0%	
Weekly Nutrient Guideline				

Tuesday - 09/08/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
990079 Bagels Strawberry Cream Cheese	2.6 oz	100	3931.69	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795

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Weighted Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			8778.54	\$30.908
% of Calories			86.3%	
Weekly Nutrient Guideline				

Wednesday - 09/09/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000903 Yogurt, small, Yoplait-IW	4 oz	100	1100.00	\$40.300
990073 Goldfish Vanilla Grahams	EACH	100	1900.00	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7846.85	\$71.208
% of Calories			84.5%	
Weekly Nutrient Guideline				

Thursday - 09/10/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
001390 French Toast, Cinnamon Glazed	2.9 oz	100	2800.03	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	2	26.00	\$0.964
Weighted Daily Average			7633.88	\$30.426
% of Calories			76.2%	
Weekly Nutrient Guideline				

Friday - 09/11/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	
Weekly Nutrient Guideline				

Monday - 09/14/2026

Reimbursable Meal Total 1

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Weighted Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
001207 Cereal Bar, Cheerios, A	40 gr	100	3000.00	\$24.500
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7846.85	\$55.408
% of Calories			91.9%	

Weekly Nutrient Guideline

Tuesday - 09/15/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001357 Muffin, Cinnamon Crumb Cake, 3oz	EACH	100	4300.00	\$36.500
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			9146.85	\$67.408
% of Calories			82.9%	

Weekly Nutrient Guideline

Wednesday - 09/16/2026

Reimbursable Meal Total 1

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Weighted Values

Sep 1, 2026 thru Sep 30, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
001390 French Toast, Cinnamon Glazed	2.9 oz	100	2800.03	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	2	26.00	\$0.964
Weighted Daily Average			7633.88	\$30.426
% of Calories			76.2%	

Weekly Nutrient Guideline

Thursday - 09/17/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001440 Muffin, Mini Breakfast Cluster	2.75	100	3799.98	\$34.800
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	2	26.00	\$0.964
Weighted Daily Average			8633.83	\$65.226
% of Calories			76.7%	

Weekly Nutrient Guideline

Base Menu Spreadsheet

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Weighted Values

Sep 1, 2026 thru Sep 30, 2026

Friday - 09/18/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	

Weekly Nutrient Guideline

Monday - 09/21/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				

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Sep 1, 2026 thru Sep 30, 2026

Weighted Values

	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			4846.85	\$30.908
% of Calories			101.3%	
Weekly Nutrient Guideline				

Tuesday - 09/22/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001446 Pizza, Breakfast Bagel-Tony R	3.11	100	2315.97	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7162.82	\$30.908
% of Calories			74.7%	
Weekly Nutrient Guideline				

Wednesday - 09/23/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001223 Muffin, Breakfast Bar	2.8 oz	100	3900.03	\$32.900

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	Portion Size	Reimb Qty	Carb (g)	Cost
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			8746.88	\$63.808
% of Calories			83.0%	
Weekly Nutrient Guideline				

Thursday - 09/24/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001358 Muffin, Blueberry, mini	1.6 oz	100	2299.98	\$21.900
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7146.83	\$52.808
% of Calories			86.3%	
Weekly Nutrient Guideline				

Friday - 09/25/2026

Reimbursable Meal Total 1

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El Tejon Unified School District

Sep 1, 2026 thru Sep 30, 2026

Weighted Values

	Portion Size	Reimb Qty	Carb (g)	Cost
000947 Cereal Bowl, Cinn Toast	28 gr	100	2200.01	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7046.86	\$48.008
% of Calories			93.5%	
Weekly Nutrient Guideline				

Monday - 09/28/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001221 Muffin, Choc Chip, 3.2oz	EACH	100	4600.00	\$35.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			9446.85	\$65.908
% of Calories			81.9%	
Weekly Nutrient Guideline				

Tuesday - 09/29/2026

Reimbursable Meal Total 1

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El Tejon Unified School District

Sep 1, 2026 thru Sep 30, 2026

Weighted Values

	Portion Size	Reimb Qty	Carb (g)	Cost
001223 Muffin, Breakfast Bar	2.8 oz	100	3900.03	\$32.900
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			8746.88	\$63.808
% of Calories			83.0%	

Weekly Nutrient Guideline

Wednesday - 09/30/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001357 Muffin, Cinnamon Crumb Cake, 3oz	EACH	100	4300.00	\$36.500
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			9146.85	\$67.408
% of Calories			82.9%	

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Weighted Values

Sep 1, 2026 thru Sep 30, 2026

	Carb (g)	Cost
Weighted Averages	7933.69	\$52.634
% of Calories	85.0%	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

† - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.