

Monday	Tuesday	Wednesday	Thursday	Friday
	Banana Bread FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Muffin FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Concha FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Cereal Bowl, FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid
Holiday-Labor Day	Bagels W/Cream Cheese filling FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Yogurt & Crackers FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	French Toast, Cinnamon FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Cereal Bowl, FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid
Breakfast Cereal Bar	Cinnamon Crumb Cake, FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Waffle FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Doughnuts FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Cereal Bowl, FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid
Cooks Choice	Breakfast Pizza FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Poptarts FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Concha FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Cereal Bowl, FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid
Muffins	Pancake FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid	Blueberry Crumb Cake FRUIT Choice X 2 CHOICE OF MILK Milk, Substitute, Lactaid		

El Tejon Unified School District

Breakfast Menu K-12 - MENU SUBJECT TO CHANGE

SEPTEMBER

