

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Aug 1, 2026 thru Aug 31, 2026

Menu Name: Breakfast Menu K-12 - MENU SUBJECT
TO CHANGE Include Cost: Yes

Site:

Use Alternate Menu Name: No

Wednesday - 08/12/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	

Weekly Nutrient Guideline

Thursday - 08/13/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001223 Muffin, Breakfast Bar	2.8 oz	100	3900.03	\$32.900
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				

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Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			8746.88	\$63.808
% of Calories			83.0%	

Weekly Nutrient Guideline

Friday - 08/14/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000452 Biscuit, Easy Split	57	100	2400.00	\$0.000
000556 Gravy, Country	2 oz	100	2834.95	\$0.000
990073 Goldfish Vanilla Grahams	EACH	100	1900.00	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	100	1300.00	\$48.200
Weighted Daily Average			13242.8 0	\$77.662
% of Calories			62.8%	

Weekly Nutrient Guideline

Monday - 08/17/2026

Reimbursable Meal Total 1

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El Tejon Unified School District

Aug 1, 2026 thru Aug 31, 2026

Weighted Values

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	

Weekly Nutrient Guideline

Tuesday - 08/18/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
990079 Bagels Strawberry Cream Cheese	2.6 oz	100	3931.69	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			8778.54	\$30.908
% of Calories			86.3%	

Weekly Nutrient Guideline

Wednesday - 08/19/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000893 Rice Krispies Bar 44 gm	EACH	100	3300.00	\$19.200
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			8146.85	\$50.108
% of Calories			88.7%	

Weekly Nutrient Guideline

Thursday - 08/20/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001390 French Toast, Cinnamon Glazed	2.9 oz	100	2800.03	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	2	26.00	\$0.964
Weighted Daily Average			7633.88	\$30.426
% of Calories			76.2%	

Weekly Nutrient Guideline

Friday - 08/21/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
001221 Muffin, Choc Chip, 3.2oz	EACH	100	4600.00	\$35.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			9446.85	\$65.908
% of Calories			81.9%	

Weekly Nutrient Guideline

Monday - 08/24/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
000880 Cereal Bowl, Lucky Charms, 1oz	EACH	100	2328.71	\$17.100
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			7175.56	\$48.008
% of Calories			94.8%	

Weekly Nutrient Guideline

Base Menu Spreadsheet

El Tejon Unified School District

Weighted Values

Aug 1, 2026 thru Aug 31, 2026

Tuesday - 08/25/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001342 Beef, Sausage on Biscuit	3.10 oz	100	2600.00	\$0.000
001342 Beef, Sausage on Biscuit	3.10 oz	100	2600.00	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			10046.8 5	\$30.908
% of Calories			63.7%	

Weekly Nutrient Guideline

Wednesday - 08/26/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001223 Muffin, Breakfast Bar	2.8 oz	100	3900.03	\$32.900
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				

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Weighted Values

Aug 1, 2026 thru Aug 31, 2026

	Portion Size	Reimb Qty	Carb (g)	Cost
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			8746.88	\$63.808
% of Calories			83.0%	

Weekly Nutrient Guideline

Thursday - 08/27/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001357 Muffin, Cinnamon Crumb Cake, 3oz	EACH	100	4300.00	\$36.500
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			9146.85	\$67.408
% of Calories			82.9%	

Weekly Nutrient Guideline

Friday - 08/28/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001394 Tac-Go, egg & ham	3.35 oz	100	1499.96	\$0.000

Base Menu Spreadsheet

El Tejon Unified School District

Aug 1, 2026 thru Aug 31, 2026

Weighted Values

	Portion Size	Reimb Qty	Carb (g)	Cost
000667 Potatoes, French Fries, Lamb W	5 oz	100	2000.00	\$0.000
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			8346.81	\$30.908
% of Calories			66.6%	

Weekly Nutrient Guideline

Monday - 08/31/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)	Cost
001214 Cooks Choice - Breakfast				
000970 FRUIT Choice X 2	2 EACH	100	4807.85	\$3.795
000969 CHOICE OF MILK				
000960 Milk, Substitute, Lactaid	Half Pint	3	39.00	\$1.446
Weighted Daily Average			4846.85	\$30.908
% of Calories			101.3%	

Weekly Nutrient Guideline

Weighted Values

Aug 1, 2026 thru Aug 31, 2026

	Carb (g)	Cost
Weighted Averages	8475.48	\$49.056
% of Calories	79.2%	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
1 - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.