

Arizona Healthy School Act

Important changes for the 2026-27 school year



WHAT'S NEW

Arizona's new Healthy Schools Act changes laws governing food in schools, to help kids stay healthy. Schools participating in federal meal programs cannot serve or sell foods with banned ingredients. Additionally, food brought to campus during the school day must not contain any of the banned ingredients.

IMPORTANT!

These new rules do not apply to parents packing their child’s individual lunch or snacks. You can still pack any lunches, snacks, or treats for your individual child.

ALLOWED

- Food fundraisers held off campus or outside the school day
- Food brought by parents for their own child
- Shared food that does not contain banned ingredients

RESTRICTED

- Shared food during the school day that contain banned ingredients
- Classroom parties and celebrations with foods containing banned ingredients
- School-sponsored birthday or holiday treats with banned ingredients

SCHOOL DAY RESTRICTIONS

- School Meals
- School Stores
- Fundraisers
- Class Celebrations
- Culinary or FACS Classes
- Catering
- Vending Machines

RESTRICTED INGREDIENTS

- Potassium Bromate
- Propylparaben
- Titanium Dioxide
- Brominated Vegetable Oil
- Yellow Dye 5 or 6
- Red Dye 3 or 40
- Blue Dye 1 or 2
- Green Dye 3

For this law, a school day is defined as midnight until 30 minutes after the instructional day ends.
For more informatin, visit <https://www.resdonline.org/child-nutrition>