



Dassa McKinney Elementary School

Moniteau School District

391 Hooker Road, West Sunbury, PA 16061
724-637-2321 FAX: 724-637-3877

Dear Parents, Guardians and Caretakers of K-3rd Grade Students,

Beginning this school year, we are excited to offer a Social and Emotional Learning (SEL) Special Class designed to help our students develop important skills they can use at school, at home, and throughout their lives. This class will be taught by our Specials' teachers on Fridays. SEL focuses on helping children understand and manage their emotions, build positive relationships, show empathy, make responsible choices, and develop confidence and resilience. This special class will provide students with a supportive and age-appropriate environment where they can practice these skills through discussion, activities, games, and real-life situations. Students will not be graded in this special class.

What Will Students Learn?

Our SEL program will focus on five important areas:

- Self-Awareness: Understanding emotions, personal values, strengths, and areas for growth.
- Self-Management: Learning to manage emotions and impulses, handle stress, and work toward goals.
- Social Awareness: Developing empathy and learning to understand and respect different perspectives.
- Relationship Skills: Practicing communication, cooperation, teamwork, and healthy conflict resolution.
- Responsible Decision-Making: Learning to make thoughtful choices and consider the possible consequences of those choices.

Why Is SEL Important?

Social and emotional skills are an important part of a child's overall development and success. Research on SEL programs has found that students can experience academic benefits as well as improvements in behavior and well-being. Students participating in SEL programs have demonstrated stronger academic performance, fewer behavioral concerns, and improved emotional well-being.

Most importantly, SEL gives children practical tools they can use every day—whether they are managing frustration, solving a disagreement with a friend, asking for help, working toward a goal, or making a difficult choice.

We look forward to partnering with you to support the academic, social, and emotional growth of every child. Thank you for your continued support of our students and our school community.

Sincerely,


Mr. Lance Fox
Principal


Mrs. Nicole A. Fox
Assistant Principal