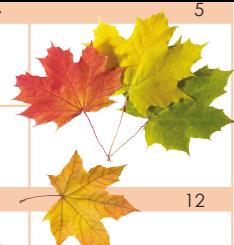


September 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 <u>Breakfast Meal</u> Includes: Entrée, Milk, and Fruit	31 All bread product served to students are 100% Whole Grain	1 BREAKFAST Pumpkin Bread LUNCH Extreme Bean & Cheese Burrito	2 BREAKFAST Mini Glazed Waffles LUNCH Cottage Cheese & Fruit Bowl	3 BREAKFAST Strawberry Yogurt & Graham Crackers LUNCH Teriyaki Beef Bites and Fried Rice	4 BREAKFAST Apple Frudel LUNCH Arroz Con Leche and Sausage Links	5 
6 FREE MEALS FOR ALL STUDENTS	7 	8 BREAKFAST WG Cereal Bowl, String Cheese LUNCH Spicy Buffalo Chicken Quesadilla	9 BREAKFAST WG French Toast LUNCH Sliced Turkey and Cheese Sub Sandwich	10 BREAKFAST Banana Cocoa Breakfast Bar LUNCH Yakisoba Noodles with Chicken	11 BREAKFAST Mini Apple Loaf & Honey Bun Mini Goldfish LUNCH Cheese Pizza	12 <u>Lunch Meal Includes:</u> Entrée, Milk, Fruit and Vegetables
13 All bread product served to students are 100% Whole Grain	14 BREAKFAST Apple Cinnamon Muffin LUNCH Baked Ziti	15 BREAKFAST Mini Bagels with Cream Cheese LUNCH Bean & Cheese Tostada with toppings	16 BREAKFAST Nutri-Grain Bar and Goldfish Crackers LUNCH Turkey Salami & Cheese Croissant	17 BREAKFAST Breakfast Burrito LUNCH Korean BBQ Chicken with Brown Rice	18 BREAKFAST WG Blueberry Muffin LUNCH Chicken Gravy over Biscuit	19 FREE MEALS FOR ALL STUDENTS
20 	21 BREAKFAST Banana Mini Loaf and Cheddar Cheese Cubes LUNCH Italian Meatballs with Garlic Knot Bread Roll	22 BREAKFAST French Toast Oatmeal Breakfast Bar LUNCH Three Cheese Enchiladas	23 BREAKFAST Mini Maple Pancakes LUNCH Chicken Caesar Pasta Salad	24 BREAKFAST WG Cinnamon Bun LUNCH Orange Chicken & Brown Rice	25 No School Today 	26 Join us for breakfast and lunch every day of school. Meal Applications are Not Required.
	28 BREAKFAST WG Apple Breakfast Bites LUNCH Chicken Alfredo	29 BREAKFAST Cereal Bowl & String Cheese LUNCH Turkey Taco Soft	30 BREAKFAST Honey Bun LUNCH Lunch Pack Box	1 2 3 Breakfast provides the body and brain with fuel after an overnight fast-that's where its name originates, breaking the fast! Without breakfast you are effectively running on empty, like trying to start the car with no petrol! Our food service program offers families the convenience and value for busy parents.		
4 This institution is an equal opportunity provider.	5	We are excited to announce that this year, we are using a new school meal program option to offer school breakfast and lunch every day to all students at no charge. All children enrolled in our schools can eat for free and there is no application required! We are committed to providing every student in our school community with all the tools they need to succeed, including nutritious meals that everyone can enjoy together.				6  No Application Required!