

Titusville Mental Health Agencies and Supports

Local Counseling Agencies, Behavioral Health Support, and Student and Family Support

K- - Age 13 Mental Health Support

The Titusville Area School District, in partnership with Family Services and Children's Aid Society, will collaboratively provide comprehensive mental health support for all students. Through this partnership, the district will work closely with families to connect students to appropriate resources, including access to center-based mental health services. These services may include individual therapy, group therapy, family counseling, psychiatric evaluations, medication management, crisis intervention, and skill-building programs for social-emotional learning. Transportation to appointments will be provided by the Titusville Area School District, ensuring that all students can access services without barriers. This coordinated approach ensures that students receive timely, individualized support to address their social, emotional, and behavioral needs, promoting overall well-being and academic success.

The program is designed to identify students who may be experiencing challenges early and provide them with the support they need before issues escalate. School counselors, teachers, and administrators work together to refer students to the program, ensuring that each student's needs are assessed and addressed in a safe and supportive environment. By proactively connecting students with mental health services, the district aims to reduce barriers to care and support positive school engagement.

Participation in the program is voluntary and confidential. Students and families can feel assured that their privacy is respected while receiving high-quality, professional mental health care. Through this initiative, the Titusville Area School District is committed to creating a safe, supportive, and responsive learning environment where every student has the opportunity to thrive academically, socially, and emotionally.

Regional Counseling Center Acute Partial Hospitalization Program

Who should be referred?

- Anyone age 7-18 (18 if still enrolled in High School) who is experiencing some degree of depression, anxiety or trauma related concern.
- Anyone who is having some degree of impaired functioning in the home, school or community settings.
- Anyone coming out of, or trying to prevent, an in-patient hospitalization.

- Anyone having concerns related to any type of peer pressure or sexual identity concerns.
- Anyone who may be engaging in self-harm activities or may be having suicidal thoughts.

Warning signs of suicide:

- sleeping or eating more than usual
- showing little or no interest in pleasurable activities
- withdrawing from others

Referrals can be made by:

Referrals can be made by anyone. There does not need to be a Psychiatric Evaluation completed prior to attending Partial. Typical referral sources are: Outpatient Clinics, Schools, Inpatient Hospitals, BHRS Providers, Family-Based Service Providers, and Venango Co. Human Services. We also accept self-referrals.

A tour of the program can be accommodated upon request.

For more information, please contact Paul Ceprish MS, Director of Children's Programs 814-670-0353

Warning signs of suicide continued:

- reckless behavior that is out of character
- expressions of being a burden or having no value
- frequent talks of death or dying
- self-harming or injuring self on purpose

Who we are...

The Child & Adolescent Acute PHP is a time-limited, intensive, structured, therapeutic program designed to help young people between the ages of 7-18 (18 if they are still enrolled in school). Our staff consists of a Program Director, 2 Masters Level Therapists, a Bachelors Level Mental Health Worker, and a Child Psychiatrist. During the traditional school year, we have an Emotional Support Teacher and para-professional through the IU6 who assist with educational needs.

Ask us about our School-Based Counseling Program (convenient, confidential, in-school therapy) and our Parent Child Interactive Therapy (PCIT) for children under the age of 7.

About The Program...

Treatment is intended to be short-term, approximately 20-40 days.

Hours are 8:15am-2:15pm Monday through Friday.

Daily therapeutic groups and skill-building groups with weekly individual sessions with an on-site therapist

A minimum of 3.5 hours of educational instruction with an on-site Emotional Support Teacher.

Lunch is provided.

Weekly psychiatric services are available to provide evaluations and monitor medication needs

Aftercare planning prior to discharge.

Family sessions as determined by the treatment team.

Our Mission...

The Regional Counseling Center, Inc. is committed to providing quality, recovery-focused mental health services to the consumers we serve.

Services are designed to assist in the emotional stabilization of the adolescent; so that they may improve their lives, be encouraged to take personal responsibility, and gain more opportunities for success in the home, school, and community settings.

Regional Counseling Center School Based Mental Health Program Age 14 and older

Who should be referred?

Students who have a level of impaired functioning in home, school, or community settings, such as:

- Isolation
- Lack of engagement with peers or family
- Withdrawn from interests
- Feelings of inadequacy

Self-harming behaviors, such as:

- Suicidal ideations
- Promiscuous activities
- Drug or alcohol use
- May be going through/have gone through a crisis, such as:
- Death of family member or friend
- Parents' divorce

May be diagnosed with depressive disorders, anxiety disorders, and/or trauma-related disorders

Referrals can be made by:

Typically, the Student Assistance Program (SAP) within each school will assist with making a referral. However, that is not necessary in all cases. We accept referrals from anyone, including self-referrals.

For more information, please contact:

- Paul Ceprish MS, Director of Children's Programs 814-670-0353
- Becky Lepley BA, Therapist 814-673-3006

Who we are...

The Regional Counseling Center's School Based Therapy Program is an outpatient service located directly in the school to maximize academic success and reducing the need to leave the school setting.

We are currently providing this therapeutic service in the following districts: Titusville and Oil City.

Our staff consists of a Program Director, and a Masters Level Therapists. If medications are desired, we also have a Psychiatrist, CRNP and a nursing staff that would assist in that area.

About the program...

- Treatment is intended to be confidential and non-intrusive
- Sessions are conducted in the school setting
- There is a family component, especially for those under the age of 14
- Individualized treatment plans are developed to address issues of: conflict resolution, problem solving, minimize effects of bullying, improve attendance, address issues related to social media, increase self-esteem, improve academic performance, sexual identity concerns

Ask us about our Parent Child Interactive Therapy (PCIT) for children under the age of 7

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